

**SEAL DEPARTMENTAL HONORS WORKSHEET**

HONORS CREDITS: Credits can be accrued from (a) courses listed formally as H courses in the course catalog, (b) courses for which you have completed an honors contract, (c) graduate courses, (d) TAMU-faculty led study abroad courses, (e) Honors Experience Points (available only to participants in the University Honors Program).

Course Number	Semester	H course?	Honors contract?	Grad course?	Study Abroad?	Counts toward major?*	Credits earned	Grade earned
<b>Honors Experience Points (1 point = 1 credit)</b>								
<b>Total Honors credits</b>								<b>GPR:</b>

- Have you earned at least 18 honors credits? \_\_\_\_\_
- Do at least 12 of these credits count toward SEAL major? \_\_\_\_\_
- Of the credits that count toward the major, are at least 3 credits at the 400-level? \_\_\_\_\_
- Is your GPR in the courses listed above 3.25 or higher? \_\_\_\_\_
- Is your overall GPR 3.5 or higher? \_\_\_\_\_
- Have you completed a year-long Honors thesis (or equivalent project)? \_\_\_\_\_

\*The courses that count toward the SEAL major include those that fulfill the PHIL minor, the minor in the non-Liberal Arts field, and the course that satisfying the area requirements in society, ethics and law.

See next page for a sample.

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**SAMPLE\*\***

HONORS CREDITS: Credits can be accrued from (a) courses listed formally as H courses in the course catalog, (b) courses for which you have completed an honors contract, (c) graduate courses, (d) TAMU-faculty led study abroad courses, (e) Honors Experience Points (available only to participants in the University Honors Program).

Course Number	Semester	H course?	Honors contract?	Grad course?	Study Abroad?	Counts toward major?	Credits earned	Grade earned
PHIL 240	Fall 17	x				x	3	3.0
ANTH 324	Spr 18	x					3	4.0
FREN 321	Sum 19				x	x	3	4.0
BIOL 351	Fall 18		x			x	3	3.0
POLS 462	Spr 19		x			x	3	4.0
PHIL 491	F18-S19	x				x	3	4.0
<b>Honors Experience Points (1 point = 1 credit)</b>								
<b>Total Honors credits</b>								<b>GPR:</b>

- Have you earned at least 18 honors credits? Yes
- Do at least 12 of these credits count toward SEAL major? Yes
- Of the credits that count toward the major, are at least 3 credits at the 400-level? Yes
- Is your GPR in the courses listed above 3.25 or higher? Yes
- Is your overall GPR 3.5 or higher? Yes
- Have you completed a year-long Honors thesis (or equivalent project)? Yes

\*\*The example imagines a SEAL major whose outside minor is in Biology.