

REBECCA J. SCHLEGEL
Curriculum Vitae
[Google Scholar](#) • [OSF](#) • [Lab Website](#)

Professional Positions

- 2020-Present** Professor, Department of Psychological and Brain Sciences, Texas A&M
2020-Present Associate Head of Undergraduate Studies, Department of Psychological and Brain Sciences, Texas A&M
2018-Present Associate Director, TAMU Institute for Technology-Infused Learning, Texas A&M
2015-2020 Associate Professor, Department of Psychological and Brain Sciences, Texas A&M
2009-2015 Assistant Professor, Department of Psychological and Brain Sciences, Texas A&M

Educational History

- Ph.D.** University of Missouri, Columbia, Psychological Sciences, 2009
M.A. University of Missouri, Columbia, Psychological Sciences, 2007
B.S. Kansas State University, Psychology, May, 2004

Funded Research Support

Active

2020-2024 NSF 1949439 *Preparing students for the new manufacturing economy: An integrative learning approach*. Role: Co-PI.
Amount: \$1,190,040

2019-2023 NSF 1907723: *Science modeling through physical computing: Contextualized computational and scientific learning in the grade 5-6 classroom*. Role: Co-PI.
Amount: \$1,799,813

Completed

2022-2023 NSF 2222935: *Upskilling Craftspeople to Prepare for the Future of End-user Driven Manufacturing*. Role: Co-PI.
Amount: \$150,000

2022-2023 Texas A&M Innovation X Program: Transformational Education: *Critical inquiry, engaged citizenship, and the philosophy for children initiative*. Role: Co-I.
Amount: \$20,000

2019-2021 Self, Virtue, and Public Life Initiative (John Templeton Foundation), *Civic virtue and "true" selves: Finding authenticity in the complexities of public life*. Role: co-PI.
Amount: \$188,172

2019-2022 T3 (Texas A&M Triads for Transformation): *Character development through service/volunteer activities: Examining the Big Event*. Role: Co-I
Amount: \$30,000

2018-2021 Division of Research, Texas A&M University, *TAMU Institute for Technology-Infused Learning*. Role: Associate Director.
Amount: \$450,000

2018 Clara Mayo Grant, The Society for the Psychological Study of Social Issues: *Responsibility framing matters: When racialized message preferences influence who gets the job*. Amount: \$1000 + TAMU Matching funds. Role: Faculty co-sponsor with Phia Salter (PI: Grace Rivera)

2017 TAMU TLAC Renew, Rebuild and Reinvest: *Teacher Engagement and Maker (TEAM)*. Role: Co-PI (PI: Patricia Larke). Amount: \$32,000

2014-2019 NSF 1433770: *Making the maker: A pathway to STEM for elementary school students*. Role: co-PI.
Amount: \$1,094,711

Publications

Peer Reviewed Journal Articles *Denotes student co-author

In Press

Sedikides, C. & Schlegel, R. J. (In press). Distilling the concept of authenticity. *Nature Reviews Psychology*.

Wilt, J., Exline, H., Schlegel, R. J., & Sherman, A. (In press). Engagement with art and meaning in life: The predictive roles of awe, interest, supernatural attributions. *Journal of Positive Psychology*.

Wilt, J., Exline, H., Schlegel, R. J., & Sherman, A. (In press). Aesthetic dispositions, aesthetic engagement, and meaning in life. *Empirical Studies of the Arts*.

*Chen, K., Chu, S. L., Quek, F. & Schlegel, R. J. (In press). Integrating making with authentic science classes: An approach and evidence. *Journal of Science Education and Technology*.

Rivera, G. N., Kim, J., Kelley, N. J., Hicks, J. A., & Schlegel, R. J. (In press). Liking predicts judgments of authenticity in real-time interactions more robustly than personality states or affect. *Personality and Social Psychology Bulletin*.

2024

Christy, A. G., Maffly-Kipp, J., Friedman, M., Cimpian, A., & Schlegel, R. J. (2024). Essentialist beliefs about the self predict psychological well-being. *Self and Identity*, 23(1-2), 127-174, DOI: [10.1080/15298868.2024.2336940](https://doi.org/10.1080/15298868.2024.2336940).

Christy, A. G., & Schlegel, R. J. (2024). Perceiving persons and their purposes: Teleology, normativity, and personal identity. *Self and Identity*, 23(1-2), 23-48, DOI: [10.1080/15298868.2024.2314921](https://doi.org/10.1080/15298868.2024.2314921).

*Boring, B. L., Walsh, K. T., Ng, B. W., Schlegel, R. J., & Mathur, V. A. (2024). Experiencing pain invalidation is associated with under-reporting of pain by emerging adults in clinical settings. *The Journal of Pain*, 25(5), 104428.

2023

- *Garrison, K., *Rivera, G. N., Schmeichel, B. J., Schlegel, R. J., Hicks J. A. (2023). Authentic for thee but not for me: Perceived authenticity in self-control conflicts. *Personality and Social Psychology Bulletin*, *49*(12), 1646–1662. <https://doi.org/10.1177/01461672221118>
- *Crist, J. D., Schlegel, R. J., Salter, P. S., Rivera, G. N., Noor, M., Pererz, M. J. & Coger, C. (2023). Internal, external, genetic, or cultural? Lay theories about racial health disparities predict COVID-19 beliefs. *Social and Personality Psychology Compass*, *17*(12), e12896. <https://doi.org/10.1111/spc3.12896> of 9. <https://doi.org/10.1111/spc3.12896>
- *Chen, K., Zhang, H., Kim, J., Clark, D., & Schlegel, R.J. (2023). For the love of my child: How parents' extrinsic aspirations for children and interdependent self-construal predict their relational well-being. *Motivation and Emotion*, *47*, 1116-1130. <https://doi.org/10.1007/s11031-023-10042-1>
- *Chen, K., Zhang, H., & Schlegel, R. J. (2023). Does being angry feel authentic? A test of how affective valence and motivational direction differentially influence state authenticity. *Motivation and Emotion*, *47*, 828-84. <https://doi.org/10.1007/s11031-023-10026-1>
- Wade, L., Elliott, T. R., Schlegel, R. J., Williamson, M. L. C., Yoon, M., Spooner, M. (2023). Resilience and well-being among persons with spinal cord injury/disorders. *Rehabilitation Psychology*, *68*, 324-337. <https://dx.doi.org/10.1037/rep0000509>
- Kelley, N.J., Weinstein, N., Smith, E.E., Christy, A., Davis, W.E., Sedikides, C., & Schlegel, R.J. (2023) Emotional, motivational, and attitudinal consequences of autonomous prosocial behavior. *European Journal of Social Psychology*, *53*, 486-502. DOI: [10.1002/ejsp.2916](https://doi.org/10.1002/ejsp.2916)
- Sheldon, K. M., Goffardi, R., & Schlegel, R. J. (2023). Self-concordant goal-striving as internalized motivation: Benefits beyond person-goal fit. *Motivation Science*, *9*, 53-61. DOI: [10.1037/mot0000277](https://doi.org/10.1037/mot0000277)
- *Maffly-Kipp, J., *Flanagan, P. N., Stichter, M., Hicks, J. A., Schlegel, R. J. & Vess, M. (2023). Civic hope and the perceived authenticity of democratic participation. *Social Psychological and Personality Science*, *14*, 419-427. DOI: [10.1177/19485506221107261](https://doi.org/10.1177/19485506221107261)
- Lutz, P. K., Newman, D. B., Schlegel, R. J., & Wirtz D. (2023). Authenticity, meaning in life, and life satisfaction: A multicomponent investigation of relationships at the trait and state levels. *Journal of Personality*, *91*, 541-555. DOI: [10.1111/jopy.12753](https://doi.org/10.1111/jopy.12753)
- Vess, M., Stichter, M., Hicks, J. A., & Schlegel, R. J. (2023). Virtue and authenticity in civic life. *Journal of Moral Education*, *52*, 83-94.

2022

- *Chen, K., Zhang, H., *Friedman, M., & Schlegel, R. J. (2022). The authentic catch-22: Following the true self promotes decision satisfaction in moral dilemmas. *Journal of Experimental Social Psychology*, *102*, 104376. DOI: [10.1016/j.jesp.2022.104376](https://doi.org/10.1016/j.jesp.2022.104376)
- Kim, J., *Chen, K., Rivera, G. N., Hong, E. K., Kamble, S., Scollon, C. N., Sheldon, K. M., Zhang, H., & Schlegel, R. J. (2022). True-self-as-guide lay theory endorsement across five countries. *Self and Identity*, *21*:8, 939-962, DOI: [10.1080/15298868.2022.2028670](https://doi.org/10.1080/15298868.2022.2028670)
- *Maffly-Kipp, J., *Flanagan, P. N., Schlegel, R. J. & Vess, M. (2022). True self-attributions shape judgments of blame in the context of addiction-relevant crime. *Addictive Behaviors*.

- *Maffly-Kipp, J., Rivera, G. N., Schlegel, R. J., & Vess, M. (2022). The effect of true self-attributions on the endorsement of retributive and restorative justice. *Personality and Social Psychology Bulletin*, *48*, 1284–1297.
- Kim, J., Holte, P., Martela, F., Shanahan, C., Li, Z., Zhang, H., Eisenbeck, N., Carreno, D., Schlegel, R. J., & Hicks, J. A. (2022). Experiential appreciation as a pathway to meaning in life. *Nature Human Behavior*, *6*, 677-690.
- *Rivera, G. N., Salter, P. S., *Friedman, M., *Crist, J., & Schlegel, R. J. (2022). When race trumps political ideology: Black teachers who advocate for social responsibility are penalized by both liberals and conservatives. *Personality and Social Psychology Bulletin*, *48*(1), 105-119.

2021

- Anderson, D. J., Holte, P. N., Maffly-Kip, J., Conway, D., Katz, C. E., & Schlegel, R. J. (2021). The development of intellectual humility as an impact of a week-long philosophy summer camp. *Precollege Philosophy and Public Practice*, *3*, 41-65. DOI: <https://doi.org/10.5840/p4202151418>
- *Hammond, M., Brooker, R. J., *Mistry-Patel, S., Schlegel, R. J., Vess, M., Wines, M., & Havens, J. (2021). Feelings of Parental Authenticity Moderate Concurrent Links Between Breastfeeding Experience and Symptoms of Postpartum Depression. *Frontiers in Global Women's Health*, *2*, 25.
- *Kim, J., *Christy, A. G., *Rivera, G. N., Hicks, J. A. & Schlegel, R. J. (2021). Is the illusion of authenticity beneficial? Merely perceiving decisions as guided by the true self enhances decision satisfaction. *Social Psychological and Personality Science*, *12*, 80-90.

2020

- *Carter, J. E. M., *Rivera, G. N., Heffer, R. W., & Schlegel, R. J. (2020). Stuck in an existential quagmire: The role of perceived true self-knowledge in client stuckness. *Journal of Social and Clinical Psychology*, *39*, 448-476.
- *Maffly-Kipp, J., *Flanagan, P., Kim, J., Schlegel, R. J., Vess, M., & Hicks, J. A. (2020). The role of perceived authenticity in psychological recovery from collective trauma. *Journal of Social and Clinical Psychology*, *39*, 419-447.
- Zhang, H., Chen, C., Schlegel, R., *Chen, K., & Liu, K. (2020). Spillover of authenticity from work to home: The mediating role of affect. *European Journal of Social Psychology*, *50*, 1065-1072.

2019

- *Kim, J., Seto, E., Schlegel, R. J., & Hicks, J. A. (2019). Thinking about a new decade in life increases personal self-reflection: A replication and reinterpretation of Alter and Hershfield's (2014) findings. *Journal of Personality and Social Psychology*, *117*, e27-e34. DOI: <https://doi.org/10.1037/pspp0000199>
- *Christy, A. G., Schlegel, R. J., & Cimpian, A. (2019). Why do people believe in a “true self”? The role of essentialist reasoning about personal identity and the self. *Journal of Personality and Social Psychology*, *117*, 386-416.
- Schlegel, R. J., Chu, S. L., *Chen, K., Deuermeyer, E., *Christy, A. G., & Quek, F. (2019).

- Making in the classroom: Longitudinal evidence of increases in self-efficacy and STEM possible selves over time. *Computers and Education*, 142, 103637.
- Zhang, H., *Chen, K., Schlegel, R., Hicks, J., & Chen, C. (2019). The authentic moral self: Dynamic interplay between perceived authenticity and moral behaviors in the workplace. *Collabra: Psychology*, 5(1), 48. DOI: <http://doi.org/10.1525/collabra.260>
- Zhang, H., *Chen, K., & Schlegel R. J. (2019). Intrinsic aspirations, person-environment fit, meaning in work and meaning in life: A moderated mediation model. *Journal of Happiness Studies*, 20, 1481-1497.
- *Rivera, G.N, *Christy, A.G., *Kim, J., Vess, M., Hicks, J.A., & Schlegel, R. J. (2019). Understanding the relationship between perceived authenticity and well-being. *Review of General Psychology*, 23, 113-126.
- *Kim, J., *Chen, K., Davis, W. E, Hicks, J.A., & Schlegel, R. J. (2019). Approaching the true-self: Promotion focus predicts the experience of authenticity. *Journal of Research in Personality*, 78, 165-176.
- *Rivera, G., *Smith, C., & Schlegel, R. J. (2019). Window to the true self: The importance of I-sharing in romantic relationships. *Journal of Social and Personal Relationships*, 36, 1640-1650.
- Vess, M., Brooker, R., Schlegel, R. J., & Hicks, J. A. (2019). Daily mental lapses and the subjective experience of true self-alienation. *Journal of Research in Personality*, 78, 148-152.
- Zhang, H., Sang, Z., Chan, D. K. & Schlegel, R. J. (2019). Threats to belongingness and meaning in life: A test of the compensation among sources of meaning. *Motivation and Emotion*, 43, 242-254.

2018

- *Kim, J., *Christy, A. G., Schlegel, R. J., Donnellan, M. B., & Hicks, J. A. (2018). Existential ennui: The reciprocal relationship between self-alienation and academic amotivation among college students. *Social Psychological and Personality Science*, 9, 853-862.
- Zhang, H., *Chen, K., & Schlegel R. J. (2018). How do people judge meaning in goal-directed behaviors: The interplay between self-concordance and performance. *Personality and Social Psychology Bulletin*, 44, 1582-1600.
- *De Freitas, J., Cikara, M., Grossman, I. & Schlegel, R. (2018) Moral goodness is the essence of personal identity. *Trends in Cognitive Science*, 22, 739-740.
- *Kim, J., *Christy, A. G., *Rivera, G. N., Schlegel, R. J., & Hicks, J. A. (2018). Following one's true self and the sacredness of cultural values. *Journal of Experimental Social Psychology*, 76, 100-103.
- *Seto, E. & Schlegel, R. J. (2018). Becoming your true self: Perceptions of authenticity across the lifespan. *Self and Identity*, 17, 310-326.

2017

- *Christy, A. G., Kim, J., Vess, M., Schlegel, R. J., & Hicks, J.A. (2017). The reciprocal relationship between perceptions of moral goodness and knowledge of others' true selves. *Social Psychological and Personality Science*, 8, 910-917.
- *De Freitas, J., Cikara, M., Grossmann, I & Schlegel, R. J. (2017). Origins of the belief in good true selves. *Trends in Cognitive Sciences*, 21, 634-636.

*Christy, A. G., *Sanders, C., Vess, M., Routledge, C., & Schlegel, R. J. (2017). The true self and existential structure? Unexpected effects of mortality salience and need for structure on belief in the true self. *Self and Identity*, 3, 335-352.

*Bench, S.W., *Rivera, G. N., Schlegel, R. J., Hicks, J. A., & Lench, H. C. (2017). Does expertise matter in replication? An examination of the reproducibility project: Psychology. *Journal of Experimental Social Psychology*, 68, 181-184.

2016

Vess, M., *Leal, S. A., *Hoeldtke, R. T., Schlegel, R. J., & Hicks, J. A. (2016). True self-alienation positively predicts mindwandering. *Consciousness and Cognition*, 45, 89-99.

*Christy, A. G., *Seto, E., Schlegel, R. J., Vess, M., & Hicks, J. A. (2016) Straying from the righteous path and from ourselves: Moral behaviors and perceived self-knowledge. *Personality and Social Psychology Bulletin*, 42, 1530-1550.

*Christy, A. G., *Hirsch, K. A., & Schlegel, R. J. (2016). Animal magnetism: Metaphoric cues alter perceptions of romantic partners and relationships. *PLOS ONE*, 11, e0155943.

Bettencourt, B. A., Manning, M. A., Molix, L. A., Schlegel, R. J., Eidelman, S., & Biernat, M. (2016). Explaining extremity in evaluation of group members: Meta-analytic tests of three theories. *Personality and Social Psychology Review*, 20, 49-74.

Salter, P. S., *Hirsch, K. A., Schlegel, R. J. & *Thai, L. (2016). Who needs individual responsibility? Audience race and message content influence third-party evaluations of political messages. *Social Psychology and Personality Science*, 7, 29-36.

2015

*Bench, S., Schlegel, R.J., *Davis, W.E., & Vess, M. (2015). Thinking about change in the self and others: The role of self-discovery metaphors and the true Self. *Social Cognition*, 33, 169-185.

*Davis, W. E., Hicks, J. A., Schlegel, R. J., *Smith, C. M., & Vess, M. K. (2015). Authenticity and self-esteem across temporal horizons. *Journal of Positive Psychology*, 10, 116-126.

2014

Vess, M., Schlegel, R.J., Hicks, J.A., & Arndt, J.A. (2014). Guilty, but not ashamed: “True” self-conceptions influence affective responses to personal shortcomings. *Journal of Personality*, 82, 213-224.

2013

Schlegel, R.J., Manning, M.A., & Bettencourt, B.A. (2013) Expectancy violations and the search for meaning among breast cancer survivors. *Journal of Positive Psychology*, 8, 387-394.

Schlegel, R. J., Hicks, J. A., *Davis, W. E., *Hirsch, K. A., & *Smith, C. M. (2013). The dynamic interplay between perceived true self-knowledge and decision satisfaction. *Journal of Personality and Social Psychology*, 104, 542-558.

2012

- Schlegel, R. J., Vess, M., & Arndt, J. (2012). To discover or to create: Metaphors and the true self. *Journal of Personality, 80*, 969-993.
- Schlegel, R. J., Manning, M. A., Molix, L. A., Talley, A. E., & Bettencourt, B. A. (2012). Predictors of depressive symptoms among breast cancer patients during the first year post diagnosis. *Psychology & Health, 27*, 277-293.
- Talley, A., Kocum, L., Schlegel, R. J., Molix, L. A., & Bettencourt, B. A. (2012) Social roles, basic need satisfaction, and psychological health: The central role of competence. *Personality and Social Psychological Bulletin, 38*, 155-173.

2011

- Schlegel, R. J. & Hicks, J. A. (2011) The true self and psychological health: Emerging evidence and future directions. *Social and Personality Psychology Compass, 5*, 989-1003.
- Schlegel, R. J., Hicks, J. A., Arndt, J. A. & King, L. A. (2011). Feeling like you know who you are: Perceived true self-knowledge and meaning in life. *Personality and Social Psychological Bulletin, 37*, 745-756.
- Vess, M., Arndt, J., & Schlegel, R. J. (2011) Abstract construal levels attenuate state self-esteem reactivity. *Journal of Experimental Social Psychology, 47*, 861-864.
- Henry, E. A., Schlegel, R. J., Talley, A., Molix, L. A. & Bettencourt, B. A. (2010). The feasibility and effectiveness of expressive writing for rural and urban breast cancer survivors. *Oncology Nursing Forum, 37*, 749-757.

2010

- Hicks, J. A., Schlegel, R. J., & King, L. A. (2010). Social threats, happiness, and the dynamics of meaning in life judgments. *Personality and Social Psychology Bulletin, 36*, 1305-1317.
- Talley, A., Molix, L. A., Schlegel, R. & Bettencourt, B. A. (2010). The influence of breast cancer survivors' perceived partner support and need satisfaction on depressive symptoms: A longitudinal analysis. *Psychology & Health, 25*, 433-449.

2009

- Schlegel, R. J., Hicks, J. A., Arndt, J., & King, L. A. (2009). Thine own self: True self-concept accessibility and meaning in life. *Journal of Personality and Social Psychology, 96*, 473-490.
- Schlegel, R. J., Talley, A. E., Molix, L. A., & Bettencourt, B. A. (2009). Rural breast cancer patients, coping and depression: A prospective comparison study. *Psychology & Health, 24*, 933-948.
- Hicks, J. A., Schlegel, R. J., Friedman, R. S., & McCarthy, D. M. (2009). Alcohol cues, expectancies, and the working self concept. *Psychology of Addictive Behaviors, 23*, 534-538.

2008

- Bettencourt, B. A., Talley, A. E., Molix, L. A., Schlegel, R. J. & Westgate, S. J (2008). Rural and urban breast cancer patients: Health locus of control and psychological adjustment. *Psycho-Oncology, 17*, 932-939.

2007

Bettencourt, B. A., Schlegel, R. J., Talley, A., & Molix, L. A. (2007). The breast cancer experience of rural women: A literature review. *Psycho-Oncology*, *16*, 875-887.

Bonds-Raacke, J. M., Cady, E. T., Schlegel, R., Harris, R. J., & Firebaugh, L. (2007). Remembering gay and lesbian media characters: Can Ellen and Will improve attitudes toward homosexuals? *Journal of Homosexuality*, *53*, 19-34.

Peer Reviewed Conference Proceedings

Chu, S., Schlegel, R. J., Quek, F., *Christy, A. G., & *Chen, K. (2017). 'I Make, Therefore I Am': The Effects of Curriculum Aligned Making on Children's Self-Identity. In Proceedings of the CHI Conference on Human Factors in Computing Systems (CHI '17). Denver, CO. ACM. (Acceptance Rate: ~25% of submissions)

Commentaries

Hicks, J.A., Schlegel, R.J., Newman, G. (2019). Authenticity: Novel insights into a valued, yet elusive, concept. *Review of General Psychology*, *23*, 3-7.

Schlegel, R. J. & Hicks, J. A. (2017). Reflections on the scientific study of meaning in life. *Journal of Constructivist Psychology*, *30*, 26-31.

Book Chapters & Encyclopedia Entries

Schlegel, R. J., Vess, M., & Hicks, J. A. (Forthcoming). The experience of authenticity. *Handbook of Experimental Social Psychology*. Edward Elgar Publishing Ltd.

Stichter, M., Vess, M., Schlegel, R., & Hicks, J. A. (2024). Can feelings of authenticity help to guide virtuous behavior? *The Self, Civic Virtue, and Public Life: Interdisciplinary Perspectives*. Routledge.

Schlegel, R. J, *Holte, P. N., *Maffly-Kipp, J., *Guthrie, D. & Hicks, J. A. (2022). Authenticity as a pathway to coherence, purpose, and significance. *Advances in Experimental Philosophy of Identity and the Self*. New York: Bloomsbury.

*Christy, A., *Rivera, G. N., Schlegel R. J. (2020). Authenticity and the true self in religion and spirituality. In Vail, K. E., & Routledge, C. (eds.) *The Science of Religion, Spirituality, and Existentialism*. New York: Elsevier.

Schlegel, R. J., Hicks, J. A., & *Christy, A. G. (2016). The eudaimonics of the true self. In Vitterso, J. (Ed.) *The Handbook of Eudaimonic Wellbeing* (205-213). New York: Springer Press.

Schlegel, R. J., *Smith, C. M., & *Hirsch, K. A. (2013). Examining the true self as a wellspring of meaning. In Hicks, J. A. & Routledge C. (Eds.), *The experience of meaning in life: Classical perspectives, emerging themes, and controversies* (177-188). New York: Springer Press.

Schlegel, R. J., *Hirsch, K. A., & *Smith, C. M. (2013). The importance of who you really are: The role of the true self in eudaimonia. In Waterman, A.S. (Ed.) *The Best within Us: Positive Psychology Perspectives in Eudaimonia* (207-225). Washington DC: American Psychological Association.

Edited Books

- Vail, K. Van Tongeren, D., Schlegel, R. J., Greenberg, J., King, L. & Ryan, R. (Eds.) (Forthcoming). *Handbook of the science of existential psychology*. New York: Guilford Press.
- Vess, Schlegel, R.J., & Hicks, J.A. (Eds.) (Forthcoming). *Handbook of Authenticity*. Oxford University Press.

Teaching

Teaching Grants

- Texas A&M Seed Funds for Collaboration Among Three Merging Colleges: *Overcoming student disengagement through purposefully engaged faculty: A critical friend self-study*. Role: Co-I. Fall 2022-Spring 2023, Amount: 10,000
- Presidential Transformational Teaching Grant (PTTG), Team Member, Texas &M University, Spring 2021-Spring 2022, \$60,000
- High Impact Instructional Innovations (H3I), College of Liberal Arts, Texas A&M University, Fall 2019-Fall 2020, \$10,000
- Innovative Pedagogy Grant, Texas A&M University, Fall 2017, \$10,000
- Curriculum Development Grant, Texas A&M University, Spring 2010, \$750

Professional Development

- Instructional Technology Certificate Program, Fall 2017

Courses Taught

- PBSI 107, Introduction to Psychology
- PBSI 301, Introductory Statistics for Psychology, Writing Intensive
- PBSI 621, Graduate Seminar Social Psychology (Current Readings)
- PBSI 621, Graduate Seminar in Social Psychology (Research Methods)
- PBSI 660, Graduate Seminar in Social Psychology (Self & Identity)

Graduate Students Supervised

- Rebecca Ward, primary advisor, currently in third year
- Jaren Crist, primary advisor, graduated with PhD, Summer 2023
Recipient of: *TAMU Diversity Fellowship*
Current Placement: Gustavus Adolphus College, Assistant Professor
- Grace Rivera, primary advisor, graduated with PhD, Spring 2020
Recipient of: *TAMU Diversity Fellowship, SPSSI Clara Mayo Grant*
Current Placement: University of Mississippi, Assistant Professor
- Matt Friedman, primary advisor, graduated with MS, Spring 2020
- Kaiyuan Chen, primary advisor, graduated with MS, Summer 2018
Current Placement: PhD student at Claremont Graduate School
- Andrew Christy, primary advisor, graduated with PhD, Summer 2018
Recipient of: *TAMU Graduate Merit Fellowship, Vision 2020 Fellowship, Sells Research Excellence Award, Fasken Distinguished Graduate Student Teaching Award, and SPSP Heritage Dissertation Award*
Current Placement: State University of New York Plattsburgh, Assistant Professor
- Kelly Hirsch, primary advisor, graduated with PhD, Spring 2014

Undergraduate Honors Theses Supervised

Grace Magee, Spring 2024
Lauren Absher, Spring 2022
Austin Biehle, Spring 2022
Luke Tillman, Spring 2021
Adam Garcia, Spring 2019
Maddie Flanagan, Spring 2018
Katherine Kavanuagh, Spring 2014
Stephanie Leal, Spring 2013

Service

Disciplinary

Associate Editor

Journal of Research in Personality (2018-Present)
Collabra: Psychology (2017-2021)

Guest Editor

Review of General Psychology, Special Issue on Authenticity (2019)
Journal of Personality and Social Psychology (2022)

Editorial Board

Journal of Personality and Social Psychology (2011-present)
Personality and Social Psychology Bulletin (2013-present)

Board of Directors

International Society for the Science of Existential Psychology (2020-Present)

Committee Chair

Nominating, Membership, and Governance Committee, International Society for the Science of Existential Psychology (2020-2023)

Conference Organizer

Co-organizer, Existential Psychology pre-conference, Society for Personality and Social Psychology (2023)

Committee Member

Grants Review Panel, Society for Personality and Social Psychology (2019-2021)

Ad hoc reviewing: Grants

National Science Foundation (2019; 2020; 2021)

Ad hoc reviewing: Journals

Journal of Personality and Social Psychology, *Perspectives on Psychological Science*, *Current Directions in Psychological Science*, *Journal of Experimental Psychology: General*, *Personality and Social Psychology Bulletin*, *Cognition*, *Journal of Experimental Social Psychology*, *Journal of Research in Personality*, *Cognitive Science*, *Motivation and Emotion*, *Cognition and Emotion*, *Developmental Psychology*, *Child Development*, *Journal of Personality Assessment*, *Organizational Behavior and Human Decision Processes*, *Self and Identity*, *Journal of Positive Psychology*, *Review of General Psychology*, *Psycho-Oncology*, *Social and Personality Psychology Compass*, *Anxiety, Stress, and Coping*, *European Journal of Social Psychology*, *Journal of Homosexuality*, *Educational Psychology*, *Journal of Psychosocial Oncology*, *Journal of Happiness Studies*, *Frontiers in Psychology*, *Social Psychology Quarterly*, *British Journal of Social Psychology*, *Computers in Human Behavior*, *The Journal of Social Psychology*,

Supportive care in Cancer, Western Journal of Nursing Research, Journal of Social & Clinical Psychology, Personnel Review, Health Care for Women International, International Journal of Existential Psychology and Psychotherapy, Applied Research in Quality of Life, Journal of Psychological Inquiry

Other

Texas Transfer Advisory Committee's Discipline Specific Subcommittee for the Field of Psychology (2022-2024)

Member, Alumni Advisory Council, Kansas State University, Psychology Department (2014-2017, 2024-Present)

Poster reviewer, annual convention of the Society for Personality and Social Psychology (2015)

Invited panel member, Entering the Academic Marketplace: Advice from Experts (APA sponsored panel at the Annual Meeting of The Southwestern Psychological Association; Spring 2015)

External dissertation committee member, Victoria University of Wellington (2014)

Department/University

Associate Head of Undergraduate Studies (Fall 2020-Present)

Member, University STRIDE (Strategies and Tactics for Recruiting to Improve Diversity and Excellence) committee (Fall 2019-Spring 2023)

Member, High Impact Practices in Student Affairs Working Group (Spring 2022)

Member, Diversity & Inclusion Committee (Summer 2020-Fall 2022)

Faculty Sponsor, Active Minds (undergraduate organization; Fall 2016-Fall 2023)

Advisory Board Member, Center for Research Impact in Social Science (Spring 2021)

Member, Fasken Graduate Teaching Award Selection Committee (Spring 2020; Spring 2021; Spring 2022)

Member, TAMU Mentoring Up (Outreach program to area high school students; Spring 2020)

Member, Job Search Committee (Fall 2019)

Member, Psychology Merit Evaluation Committee (Fall 2017-Spring 2020)

Head, Social & Personality Psychology Area (Spring 2016-Summer 2020)

Faculty Sponsor, Aggies for Bernie Sanders (undergraduate organization; Spring 2016)

Member, Psychology Space Committee (Fall 2014-Spring 2016)

Organized Social Area Brownbag (Fall 2012, Spring 2017, Spring 2022)

Member, Graduate Admissions Policy Committee (Fall 2014)

Member, Psychology Department Diversity Committee (Fall 2013-Spring 2014)

Member, Psychology Department committee to examine merit evaluation procedures (Fall 2013)

Student Research Week Judge (Spring 2013)

Graduate Diversity Fellowship Reviewer (2013-2017)

Member, Social Area Job Search Committee (Fall 2009)

Other

Recognition and Awards

SPSP Fellow, 2023

Association for Psychological Science Fellow, 2023

College of Liberal Arts, International Travel Support, 2018
Ray. A Rothrock Fellow, Texas A&M University, 2015-2018
Elected Fellow, Society of Experimental Social Psychology, 2014
APA Early Career Achievement Award (Travel Award), 2014
Faculty Merit Award, Texas A&M University, Spring 2012
SPSP Graduate Student Travel Award, 2009
SPSP Graduate Student Poster Award, Honorable Mention, 2009
Graduate Student Excellence Award, University of Missouri, 2009
Robert S. Daniel Teaching Fellowship, 2007, 2008
Travel Award, University of Missouri, 2005, 2006, 2007, 2008, 2009
Peterson Prize for the Outstanding Graduating Senior, Kansas State University, 2004

Invited Talks and Colloquia

Claremont Graduate School Social & Personality Area Meeting (December 2020)
University of Missouri Social & Personality Area Meeting (September 2020)
Authenticity and Shared Reality Pre-Conference, annual meeting of the Society for Personality and Social Psychology (February, 2020)
Texas A&M I/O Colloquium, Navigating a New Era of Publishing (February, 2019)
Existential Psychology Pre-Conference, annual meeting of the Society for Personality and Social Psychology (February, 2019)
Annual meeting of the Association of Social Psychology of Jiangsu Province (May, 2018)
University of Texas Social area brownbag (January, 2018)
Yale Authenticity Workshop (May, 2017)
Ted-X TAMU (April, 2016)
Human Computer Interaction Seminar Series, Texas A&M (April, 2016)
Texas A&M Cognitive Brownbag (October, 2015)
Rice University (October, 2015)
Trinity University (October, 2015)
Montana State University (March, 2015)
The First Congress on the Construction of Personal Meaning (July, 2014)
The annual convention of the American Psychological Association (August, 2014)
University of Texas at Dallas (February, 2014)
University of Georgia (October, 2012)

Symposium Presentations

**Denotes student co-author*

- *Crist, J., & Schlegel, R. J. (2021, August). Exploring differences in lay-theories about Black and Latin-x COVID-19 disparities. Paper presented at the annual meeting of the Society for the Psychological Study of Social Issues, virtual meeting.
- *Maffly-Kipp, J., *Rivera, G., *Friedman, M., Vess, M., & Schlegel, R. (2020, February). The role of true self attributions in punitive judgments. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- *Rivera, G., Salter, P. & Schlegel, R. (2020, February). When race trumps political ideology: Evaluations of black and white teachers advocating for structural change. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- Deuermeyer, E. Martin, R., Suarez, M., Meister, S., Quek, F., Chu, S. L., Burlbaw, L., Larke, P., Schlegel, R. and Petershach, G. (2018, April). How to Support Maker teachers in the classroom: Teacher perceptions of 'Making', Maker-spaces, and Maker-Teachers. Paper presented at the American Educational Research Association (AERA) Annual Meeting, New York City, NY.
- *Christy, A., Schlegel, R., & Cimpian, A. (2016, June). Belief in true selves as an instance of psychological essentialism. Paper presented at 42nd Annual Meeting of the Society for Philosophy and Psychology, Austin, TX.
- Schlegel, R.J., & Vess, M. (2014, February). Knowing one's self to be one's self: Self-concept clarity and authentic living. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Schlegel, R. J., & Hicks, J. A. (2013, June). Understanding the "inner self: The role of the true self in eudaimonia. Paper presented at the World Congress on Positive Psychology, Los Angeles, CA.
- *Davis, W. E., Hicks, J.A., Schlegel, R. J., *Smith, C. M. & Vess, M. (2013, January). Authenticity and self-esteem across temporal horizons. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Schlegel, R.J., & Hicks, J.A. (2012, October). Decision satisfaction and self-relevant metacognition pertaining to the true self. Paper presented at the annual meeting of the Society for Experimental Social Psychologists, Austin, TX.
- Schlegel, R.J., Hicks, J.A., *Davis, W.E., *Hirsch, K.A., & *Smith, C.M. (2012, May). The bidirectional relationship between perceived true self-knowledge and decision satisfaction. Paper presented at the annual meeting of the American Psychological Society, Chicago, IL.
- Manning, M., Molix, L., Eidelman, S., Schlegel, R., Biernat, M., & Bettencourt, B. A. (2011, January). Meta-analytic tests of norm and expectancy violations: Implications for gender evaluations. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Schlegel, R. J., Arndt, J. A., & Vess, M. K. (2010, January). To discover or to create: Metaphors and the true self. Paper presented at the annual meeting of Social Psychologists in Texas, Arlington, TX.
- Hicks, J. A, Schlegel, R. J., & King, L. A. (2009, October). Social threats, happiness, and meaning in life judgments. Paper presented at the annual meeting of the Society for Experimental Social Psychology, Portland, ME.
- Kocum, L., Schlegel, R., Talley, A., Molix, L., & Bettencourt, A. (2008, June). Social roles as a protective factor for depression among rural and urban breast cancer survivors. Paper presentation at biannual meeting of the Society for the Psychological Study of Social Issues (Chicago, IL).
- Schlegel, R. J. (2007, February). The true self and meaning in life. Paper presented at the Research and Creative Arts Forum, Columbia, MO.
- McGill, R.A., Schlegel, R.J., Bettencourt, B.A. (2006, June). How positive and negative reasons for anxiety influence intergroup evaluation. Paper presented at the biannual meeting of the Society for the Psychological Study of Social Issues, Long Beach, CA.