

## Jordan Schueler, M.S.

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### EDUCATION

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- 2018-2024 *Doctor of Philosophy, Clinical Psychology*  
(expected) Texas A&M University, College Station, TX  
Advisor: Sherecce Fields, Ph.D.  
Dissertation: *Comparing a telehealth versus in-person group intervention for adolescents endorsing binge eating*
- 2018-2021 *Master of Science, Psychology*  
Texas A&M University, College Station, TX Advisor:  
Sherecce Fields, Ph.D.  
Thesis: *Binge eating, impulsivity, and delay discounting among individuals engaging in intermittent fasting*
- 2013-2017 *Bachelor of Arts, Psychology and Music Studies, Magna Cum Laude*  
University of South Florida, Tampa, FL  
Advisors: Andrew Kiselica, M.S., Marina Bornovalova, Ph.D.  
Honors Thesis: *Distinguishing between distress tolerance and negative affect*

### GRANTS

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#### Awarded

- Psi Chi Graduate Grant – Spring Total Costs: \$1,500  
*Comparison of a telehealth versus in-person treatment for adolescents with binge eating behavior*  
Principal Investigator: Jordan Schueler, M.S., Sponsor: Sherecce Fields March 2022 - Present
- Academy for Eating Disorders, Student Research Grant Total Costs: \$1,000  
*Comparison of a telehealth versus in-person treatment for adolescents with binge eating behavior*  
Principal Investigator: Jordan Schueler, M.S., Sponsor: Sherecce Fields March 2022 - Present
- Seed Fund Project, Precise Advanced Technology and Health Systems for Total Costs: \$5,000  
Underserved Populations (PATHS-UP), National Science Foundation (NSF)  
*Acceptability of MHealth Technology for Diet and Physical Activity Tracking Among Underserved Hispanic/Latino Populations*  
Principal Investigators: Amruta Pai, M.S., Jordan Schueler, M.S., Mahsan Abbasi, B.S. Sponsors: Ashutosh Sabharwal, Ph.D.  
October 2020 – October 2021

#### Reviewed

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- P.E.O. International Organization, P.E.O. Scholar Award  
*Comparison of a telehealth versus in-person treatment for adolescents with binge eating behavior* Principal Investigator: Jordan Schueler, M.S.

January 2022

National Science Foundation Graduate Research Fellowship Program

*The effects of time-restricted intermittent fasting on cognitive flexibility, concentration, and impulsive behaviors*

Principal Investigator: Jordan Schueler, B.A.

Primary Advisor: Sherece Fields, Ph.D.

October 2019

## Submitted

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Ruth L. Kirschstein (F31) Predoctoral National Research Service Award

*Pilot randomized controlled trial examining the acceptability and efficacy of a telehealth intervention for youth with binge-eating behaviors*

Principal Investigator: Jordan Schueler, M.S.

Sponsors: Sherece Fields, Ph.D. (Primary), Rebecca Kamody (Co-Sponsor) Collaborators:

Carly McCord, Ph.D., Robert Dvorak, Ph.D.

Submitted: April 2022

## PUBLICATIONS

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**Schueler, J.** & Fields, S. Group differences in impulsivity and disordered eating among university students engaging in intermittent fasting (under review).

Wagle, N., **Schueler, J.**, Engler, S., Kum, H-C., Fields, S. Patient-perceived barriers and facilitators of using remote health technology to manage diabetes and cardiovascular disease in underserved adult populations: A systematic review (under review).

Harris, B., **Schueler, J.**, Regan, T., Engler, S., & Fields, S. Frequency of smartphone use mediates relations between delay discounting and smartphone addiction (under review).

Fields, S., **Schueler, J.**, Arthur, K., Harris, B. (2021). The role of impulsivity in major depression: A systematic review. *Current Behavioral Neuroscience Reports*, 1-12.

Harris, B., Regan, T., **Schueler, J.**, & Fields, S. (2020). Problematic mobile phone and smartphone use scales: A systematic review. *Frontiers in Psychology*, 11.

Regan, T., Harris, B., Van Loon, M., Nanavaty, N., **Schueler, J.**, Engler, S., & Fields, S. A. (2020). Does mindfulness reduce the effects of risk factors for problematic smartphone use? Comparing frequency of use versus self-reported addiction. *Addictive Behaviors*, 106435.

Regan, T., Thamocharan, S., Hahn, H., Harris, B., Engler, S., **Schueler, J.**, & Fields, S. A. (2020). Sensation seeking, sexual orientation, and drug abuse symptoms in a community sample of emerging adults. *Behavioural Pharmacology*, 31(1), 102-107.

Ordaz, D.L., Schaefer, L.M., Choquette, E., **Schueler, J.**, Wallace, L., & Thompson, J.K. (2018). Thinness pressures in ethnically diverse college women in the United States. *Body Image*, 24, 1-4.

## Journal Manuscripts in Preparation

Fields, S., Arthur, K., **Schueler, J.**, Smallman, R. Using a Counterfactual-based Intervention to Change Future Eating Intentions: Results from Undergraduate and Community Samples.

**Schueler, J.**, Gonynor, C., Harris, B., Regan, T., Philip, S., Leach, W., & Fields, S. An examination of screening measures for binge eating disorder for use in clinical settings: A systematic review.

**Schueler, J., Philip, S., Fields, S.** The relationship between binge eating and internalized and externalized weight stigma: A meta-analysis.

## PROFESSIONAL PRESENTATIONS

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### Paper Presentations

**Schueler, J. & Fields, S.** (June, 2022). *Impulsivity Moderates the Relationship Between Dietary Restraint and Binge Eating: Among Intermittent Fasting Groups* [Virtual paper presentation]. International Conference on Eating Disorders conference.

### Oral Presentations

Regan, T., Wager, S., Hahn, H., Harris, B.L., Engler, S., **Schueler, J.**, & Fields, S. (June, 2019) *Sensation seeking, sexual orientation, and emerging adult drug abuse*. Orally presented at the annual meeting of the College of Problematic Drug Dependence conference in San Antonio, TX.

Engler, S., Lopez, C., Regan, T., **Schueler, J.**, Harris, B.L., & Fields, S. (June, 2019). *Combined substance use and HIV risk intervention reduces depressive symptoms in rural African American female adolescents*. Orally presented at the annual meeting of the College of Problematic Drug Dependence conference in San Antonio, TX.

### Poster Presentations

**Schueler, J.**, Arthur, K., Smallman, R., & Fields, S. (April, 2022). *Ethnic and group differences in healthy eating and counterfactual intentions following a single-session intervention* [Rapid communications poster presentation]. Society of Behavioral Medicine Annual Meeting 2022, Baltimore, MD.

Arthur, K., Smallman, R., Fields, S., & **Schueler, J.** (February, 2022). *Looking back so I can plan ahead: Using counterfactual strategies to change eating habits* [Poster presentation]. Society for Personality and Social Psychology, San Francisco, CA.

**Schueler, J.** & Fields, S. (November, 2021). *Group differences in impulsivity, binge eating, and intuitive eating in intermittent fasting groups* [Poster presentation]. ObesityWeek 2021. <https://obesityweek.org/>

**Schueler, J.**, Gonynor, C., Leach, W., & Fields, S. (June, 2020). *An examination of binge eating disorder measures for use in primary care settings: A systematic review* [Poster presentation]. International Conference on Eating Disorders, Sydney, Australia. <https://www.aedweb.org/aed-events/iced-2020>

**Schueler, J.**, Engler, S., Sasangohar, F., & Fields, S. (April, 2020). *Healthcare provider perception of diabetic patient disease management and use of remote health technology* [Poster presentation]. Society of Behavioral Medicine 41st Annual Meeting, San Francisco, CA. <https://www.sbm.org/UserFiles/file/FinalProgram.pdf>

**Schueler, J.**, Engler, S., Sasangohar, F., & Fields, S. (February, 2020). *Healthcare provider perception of diabetic patient disease management and use of remote health technology* [Poster presentation]. NSF PATHS-UP Board Meeting, College Station, TX.

Wagle, N., **Schueler, J.**, Engler, S., Fields, S., & Kum, H-C. (August, 2019). *Patient-perceived barriers and facilitators of using remote health technology to manage diabetes and cardiovascular disease in underserved adult populations: A systematic review* [Poster presentation]. NSF PATHS-UP Board Meeting, College Station, TX.

**Schueler, J.**, Engler, S., Harris, B., & Regan, T. (June, 2019). *An examination of binge eating disorder assessments for use in primary care settings: A systematic review* [Poster presentation]. College of Problematic Drug Dependence (CPDD) annual conference in San Antonio, TX.

Harris, B.L., **Schueler, J.**, Regan, T., Engler, S., & Fields, S. (June, 2019). *Relations between smartphone use, smartphone addiction and delay discounting* [Poster presentation]. College of Problematic Drug Dependence (CPDD) annual conference in San Antonio, TX.

- Schueler, J., Phares, V.** (March, 2017). *Preparing for Graduate School or a Career in Psychology* [Poster presentation]. 4th Annual USF Psychology Department Expo at the University of South Florida, Tampa, FL.
- Ordaz, D. L., Schaefer, L. M., Choquette, E., Wallace L., **Schueler, J.**, & Thompson, J. K. (September, 2016). *Sociocultural Pressures to be Thin and Eating Pathology Among Hispanic, Black, and White Women* [Poster presentation]. National Latina/o Psychological Association's 2016 Biennial Conference, Orlando, FL, US.
- Schueler, J.**, Walker, E.M., Khan, A. (April, 2016) *Where the streets have no name: Finding the intersection among brain circuits controlling feeding, reward, and addiction* [Poster presentation]. University of South Florida Research in the Arts Colloquium, Tampa, FL.
- Schueler, J.**, Walker, E.M., Khan, A. (August, 2015) *Where the streets have no name: Finding the intersection among brain circuits controlling feeding, reward, and addiction* [Poster presentation]. Campus Office of Undergraduate Research Initiatives Symposium at the University of Texas at El Paso, El Paso, TX.

### Invited Talks

- Schueler, J.** (February 2022), "The Psychology in Eating Disorders." Oral presentation at the Texas A&M Nutrition and Dietetics Association club meeting, College Station, TX.
- Schueler, J.** (November 2020), "Evidence-Based Practice Didactic Case Presentation: Providing an Open Space to Discuss Sexual Orientation and Gender Fluidity." Oral presentation at the Professional Development Clinical Area Seminar, College Station, TX.
- Schueler, J.** (October 2020), "Eating Disorders in Diverse Populations: With a Focus on Emerging Research and Clinical Applications." Oral presentation at the TAMU Psychology Club, College Station, TX.
- Schueler, J.** (October 2020), "Eating Disorders in Diverse Populations: With a Focus on Emerging Research and Clinical Applications." Oral presentation at the Professional Development Clinical Area Seminar, College Station, TX.

## **RESEARCH EXPERIENCE**

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### **PATHS-UP Fellow** **Dec 2018 – Present**

**Precise Advanced Technology and Health Systems for Underserved Populations (PATHS-UP), NSF Texas A&M University, College Station, TX** Primary Advisor: Sherecce Fields, Ph.D.

Project Description: Investigating the barriers and facilitators for remote technology use in the management of diabetes in an underserved population. Data include focus group transcripts, dietary measures, and continuous glucose monitor (CGM) and food photos.

Responsibilities: Run focus groups with underserved diabetes patients and healthcare providers. Conduct a systematic review for barriers and facilitators related to remote technology use in the management of diabetes and cardiovascular disease. Lead a cognitive intervention with individuals with prediabetes regarding their meal choices. Attend a weekly reading group.

### **Graduate Research Assistant** **Aug 2018 – Present**

#### **Health Behavior Research Group**

**Texas A&M University, College Station, TX** Primary Advisor: Sherecce Fields, Ph.D.

Description: Examine the different facets of impulsivity, executive functioning, and risky health behaviors in undergraduate college students.

Responsibilities: Recruit study participants and conduct assessments, including the Delis-Kaplin Executive Functioning System (DKEFS) test. Collaborate with other graduate student lab members on

projects. Conduct literature reviews and integrate findings into relevant papers. Interview undergraduate research assistants and organize lab hours. Attend weekly lab meetings.

**Undergraduate Research Assistant**

**Nov 2015 – July 2018**

**Body Image Research Group University of South Florida, Tampa, FL**

Principal Investigator: J. Kevin Thompson, Ph.D.

Description: Examined and further extended the understanding of psychology related to physical appearance.

Responsibilities: Corresponded with study participants via email. Edited and contributed to manuscripts. Wrote literature reviews for journal articles related to the occurrence of muscle dysmorphia.

**Summer Research Assistant**

**May 2016 – Aug 2016**

**University of California San Diego Eating Disorders Center for Treatment and Research San Diego, CA**

Principal Investigator: Alice Ely, Ph.D

Collaborators: Laura Berner, Ph.D., Laura Greathouse, MPH, Christina Wierenga, Ph.D.,

Description: Extended knowledge on the neurobiological underpinnings of the behavior and treatment of eating disorders, particularly altered inhibitory control in women remitted from eating disorders.

Responsibilities: Recruited participants through social media, online ads, and coffee shops. Contacted potential study participants and conducted a brief screening interview. Organized study participant files. Attended didactics.

**Undergraduate Research Assistant**

**Jan 2015 – Jan 2016**

**Substance Use, Personality, and Emotion Research Lab University of South Florida, Tampa, FL**

Primary Advisor: Marina Bornovalova, Ph.D.

Project Description: Further understand distress tolerance in college students.

Responsibilities: Administered behavioral tasks, self-report questionnaires, and the Mini International Neuropsychiatric Interview (MINI) with study participants. Organized data and conducted data entry.

**Undergraduate Research Assistant**

**Feb 2014 – Jan 2015**

**University of South Florida Byrd Alzheimer's Institute**

**University of South Florida, Tampa, FL** Primary

Advisor: Danielle Gulick, Ph.D.

Project Description: Examined the effects of alcohol, social interaction, fear, anxiety, and depression on double-transgenic mice with Disrupted-in-Schizophrenia 1 (DISC-1) reelin substrates.

Responsibilities: Observed behavioral experiments with mice. Coded data using videos of mice experiments. Attended weekly meetings. Observed and conducted genotyping.

**TEACHING EXPERIENCE**

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Fall 2021	Guest Lecturer, Undergraduate Psychology Teaching Scholars program (PSYC-483), Texas A&M University
Fall 2020	<i>Teaching Assistant</i> , Research Methods (PSYC 301), Texas A&M University
Fall 2019	<i>Guest Lecturer</i> , First Semester Experience, Texas A&M University
Fall 2019	<i>Teaching Assistant</i> , Research Methods (PSYC 301), Texas A&M University

**HONORS & AWARDS**

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<i>Professional Development Award, Coding and Analyzing Qualitative Data Workshop, ResearchTalk</i>	2021
Department of Psychological and Brain Sciences, Texas A&M University, College Station, TX	
<i>Graduate Student Research and Presentation Travel Award, International Conference on Eating Disorders 2020</i>	2020
Department of Psychological & Brain Sciences, Texas A&M University, College Station, TX	
<i>Early Career Investigator Scholarship, “Causal Inferences in Behavioral Obesity Research” Workshop</i>	2019
Indiana University, Bloomington, IN	
<i>Professional Development Award, “Causal Inferences in Behavioral Obesity Research” Workshop</i>	2019
Indiana University, Bloomington, IN	
Department of Psychological & Brain Sciences, Texas A&M University, College Station, TX	
<i>Student Government Travel Grant, Society for Neuroscience Conference 2016</i>	2016
University of South Florida, Tampa, FL	
<i>Summer Mentoring and Research Training: Methods in Neuroscience and Substance Abuse (SMART MIND) program, University of Texas at El Paso, TX</i>	2015
<i>USF Director’s Award, University of South Florida, Tampa, FL</i>	2013-2017
<i>Bright Futures Academic Scholarship, University of South Florida, Tampa, FL</i>	2013-2017

## INTERVENTION EXPERIENCE

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### Student Therapist

May 2021 – Present

#### Telebehavioral Health Clinic, College Station, TX

Supervisor: Norma Erosa, Ph.D.

Client Population: Community-based adults (22-69 years old) in surrounding counties in Texas (Brazos, Washington, Grimes, and Leon), with sessions conducted through a telehealth software.

Presenting Problems: Depression, anxiety, panic attacks, post-traumatic stress, complicated grief, body image dissatisfaction, stress, substance use, marital distress.

Responsibilities: Provide empirically supported individual and couple therapy over telehealth, including: Acceptance and Commitment Therapy (ACT), Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), mindfulness, and Client-Centered/Humanistic approach. Attends individual and group supervision.

### Student Therapist

Sept 2019 – Present Texas

#### A&M Psychology Clinic, College Station, TX

Supervisors: Douglas K. Snyder, Ph.D., Mary Meagher, Ph.D., and Robert W. Heffer, Ph.D.

Client Population: Children (6-17 years old) and emerging adults (18-25)

Presenting Problems: depression, anxiety, separation anxiety, panic attacks, self-harm behavior, binge eating, fasting, body image disturbance, childhood abuse, suicidal ideation, sexual identity confusion.

Responsibilities: Provide empirically supported individual therapy in-person and over telehealth including: Acceptance and Commitment Therapy (ACT), Cognitive-Behavioral Therapy (CBT),

modified Dialectical Behavioral Therapy (DBT), Mindfulness, and Client-Centered/Humanistic approach. Attends individual and group supervision. Communicates with community agencies and organizations (e.g., other mental health providers, primary care physicians).

**Clinic Coordinator**

**Aug 2019 – Aug 2020**

**Texas A&M Psychology Clinic, College Station, TX** Supervisor:

Robert W. Heffer, Ph.D.

Responsibilities: Conducted intake evaluations for prospective therapy and assessment clients.

Addressed questions and concerns about billing or scheduling via telephone. Assisted clinic director with assigning new cases, communicating with faculty, students, and clinic staff to ensure HIPAA record compliance for past, present, and future client records.

**Psychology Intern**

**Jan 2017 – Dec 2017**

**Tampa Bay Family Therapy Center, Tampa, FL** Supervisor:

Jonathan Greenstein, Ph.D.

Client Population: Children and adolescents (ages 4-18) with developmental disorders and behavioral problems.

Responsibilities: Assisted in moderating three weekly group therapy sessions for children ages 4-18, with an emphasis on behavioral reinforcement and social skills training. Made note of assigned children's behaviors for a token points system.

**ASSESSMENT EXPERIENCE**

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**Student Evaluator**

**January 2022 – Present**

**Telebehavioral Health Clinic, College Station, TX**

Supervisor: Trey Armstrong, Ph.D.

Client Population: Community-based adults (18-69 years old) in surrounding counties in Texas (Brazos, Washington, Grimes, and Leon), with sessions conducted through a telehealth software.

Presenting Problems: Attention-Deficit/Hyperactivity Disorder (ADHD), depression, anxiety, posttraumatic stress.

Responsibilities: Administer, score, and interpret a variety of assessment instruments targeting symptoms of ADHD. Complete a report with client history and assessment interpretations for an ADHD evaluation. Attend supervision/consultation with a licensed counseling psychologist. Develop appropriate intervention recommendations.

**Student Evaluator**

**May 2021 – Present Texas**

**A&M Psychology Clinic, College Station, TX**

Supervisors: Robert W. Heffer, Ph.D., Laura Osborne, Ph.D., and Les Morey, Ph.D.

Client Population: Children, adolescents, and adults from the community with varying referral questions. Common diagnoses included: ADHD, learning disorders, autism spectrum disorder, bipolar disorder, anxiety, and depression.

Responsibilities: Administer, score, and interpret a variety of assessment instruments. Complete comprehensive integrated reports. Attend individual and group supervision. Develop appropriate intervention recommendations.

**Student Evaluator**

**Sept 2020 – Present Police**

**Department Employment Eligibility Evaluations Texas A&M Psychology Clinic, College Station, TX**

Supervisors: Robert W. Heffer, Ph.D. and Les Morey, Ph.D

Client Population: Adults, typically male and with previous military experience, seeking employment as a police officer or telecommunications dispatcher in the Bryan Police Department (PD), College Station PD, or Texas A&M University PD.

Responsibilities: Administer, score, and interpret assessments of personality and psychology (i.e., MMPI-2 and PAI). Complete comprehensive integrated reports and provide recommendations for continuation, or discontinuation, in the hiring process. Attend group supervision.

**Assessment Evaluator & Consultant**

**Aug 2020 – Present**

**Mental Health and Mental Retardation Authority (MHMR), Bryan, TX** Supervisors: Robert W. Heffer, Ph.D.

Client Population: Children, adolescents, and adults from the community with suspected or diagnosed intellectual and/or developmental disabilities. Common diagnoses included: intellectual disability, global developmental delay, autism spectrum disorder, sensory deficits, epilepsy, genetic disorders (e.g., CHARGE), mood disorders, and psychosis.

Responsibilities: Review existing evaluation reports and academic, forensic, and medical records. Conduct a clinical interview with the primary guardian or provider at a state-supported residential facility. Administer, score, and interpret assessments of intellectual and adaptive functioning. Complete comprehensive integrated reports. Attend individual and group supervision.

**ADDITIONAL CLINICAL TRAINING**

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2022	Interprofessional Management of Eating Disorders in Adolescents And Young Adults (3 hours)
2022	Texas A&M Health Opioid Overdose Education and Naloxone Administration Training (1 hour)
2021	Mindfulness-Oriented Recovery Enhancement (MORE) Virtual Therapist Training Workshop (13 hours)
2021	Parent-Child Interaction Therapy (PCIT) for Traumatized Children Web Course (10 hours), <i>PCIT Training Center</i>
2020	Telepsychology Best Practices 101 (8 CEU), <i>Dr. Marlene M. Maheu, American Psychological Association</i>

**PROFESSIONAL MEMBERSHIPS**

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Society of Child Clinical and Adolescent Psychology	2021 - Present
Society of Pediatric Psychology	2021 - Present
Brazos Valley Psychological Association	2021 – Present
Academy for Eating Disorders	2019- Present
Society of Behavioral Medicine	2020, 2022- Present

**PROFESSIONAL SERVICE**

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2021-2022	Member/Founder, Diversity, Advocacy, Anti-Racism, and Transformation (DAART) Committee, Texas A&M University
2021-2022	Workforce Development Co-Coordinator, Precise Advanced Technology and Health Systems for Underserved Populations (PATHS-UP) Student Leadership Council



2021-2022 Outreach Chair, Psychology Department Organization of Graduate Students, Texas A&M University

2020 Guest Speaker, Undergraduate Psychology Club meeting

2020-2021 Graduate Student Representative on Graduate Curriculum Committee, Texas A&M University

2020-2021 Committee Member, Diversity & Inclusion Climate & Civility Committee, Texas A&M University

2019-2021 Social Activities Chair, Psychology Department Organization of Graduate Students, Texas A&M University

2020-2021 Poster Judge, Student Research Week, Texas A&M University

2019 Presenter, Aggieland Saturday: Clinical Psychology Program Overview, Texas A&M University

2019 Graduate Student Admissions Coordinator, Clinical Program, Texas A&M University

2015-2016 Co-Leader and Participant, Bulls Service Break-Disability Awareness, University of South Florida