
Lydia Needy

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EDUCATION

- Texas A&M University* – College Station, TX Expected May 2027
Doctor of Philosophy in Social and Personality Psychology
- Missouri State University* – Springfield, MO May 2021
Master of Science in Experimental Psychology Cumulative GPA: 4.0/4.0
Graduate Certificate in Statistics and Research Design
- Missouri State University* – Springfield, MO May 2019
Bachelor of Arts in Philosophy and Psychology (Double Major) Cumulative GPA: 3.85/4.0
Undergraduate Certificate in Conflict and Dispute Resolution
Magna Cum Laude

RESEARCH EXPERIENCE

- Aug. 2022-Present *Research Assistant*, Existential Psychology Collaboratory, College Station, TX.
- Aug. 2021-May 2022 *Research Assistant*, Dr. Zimmerman, Missouri State University, Springfield, MO.
Assisted with the coordination and scheduling of data collection in addition to collecting data for PSA 005: Stereotype Threat.
- Jan. 2021-May 2022 *Research Assistant*, C.A.L.L. Lab, Missouri State University, Springfield, MO.
Research assistant to Dr. Christie Cathey with duties in lab management, data collection, data analysis, and data presentation.
- Aug. 2019-May 2021 *Research Assistant*, S.C.A.N.D.A.L. Lab, Missouri State University, Springfield, MO.
Research assistant to Dr. Amber Abernathy and Dr. CaSandra Stanbrough with duties assisting in data collection.
- Dec. 2019-Aug. 2019 *Research Assistant*, Black Education and STEM Research, Missouri State University, Springfield, MO.
Research assistant to Dr. Ashley Payne with duties assisting in conference submission and literature review for the final manuscript.
- Oct. 2018-May 2019 *Research Assistant*, Attitudes Toward General Education Courses, Missouri State University, Springfield, MO.
Research Assistant to Dr. Christie Cathey with duties assisting in data collection and data entering.

PUBLICATIONS

Whisenhunt, B., Cathey, C., Hudson, D., & **Needy, L.** (2020). Maximizing learning while minimizing cheating: New evidence and advice for online multiple-choice exams. *Scholarship of Teaching and Learning in Psychology*.

PRESENTATIONS

Needy, L., & Cathey, C. (April 2021). Meaning in life and the true self: A construal level theory approach. Poster presented online at the McQueary College of Health and Human Services Student Research Symposium, Springfield, MO.

Won, H., Woemmel, S., Sparks, E., & **Needy, L.** (April 2021). Correlates of self-compassion. Poster presented online at the McQueary College of Health and Human Services Student Research Symposium, Springfield, MO.

Needy, L., Cummins, C., Stanbrough, C., & Massey-Abernathy, A. (April 2021). Media and personality impacts on emotional and behavioral problems. Poster presented at the Midwest Psychological Association Annual Conference. A virtual event.

Cathey, C.L., Hoogland, C., & **Needy, L.** (Jan. 2020). The Midterm Wrapper: A performance intervention that works. Poster presented at the 42nd Annual National Institute on the Teaching of Psychology Conference, St. Pete Beach, FL.

West Staples, T., **Needy, L.**, Abernathy, A., & Stanbrough, C. (May 2020). Overcoming the odds: The moderating effects of trait conscientiousness and empathy on the relationship between adversity and resiliency. Poster presented online at the McQueary College of Health and Human Services Student Research Symposium, Springfield, MO.

West Staples, T., **Needy, L.**, Abernathy, A., & Stanbrough, C. (Feb. 2020). Overcoming the odds: The moderating effects of trait conscientiousness and empathy on the relationship between adversity and resiliency. Poster presented at the Society for Personality and Social Psychology Annual Conference, New Orleans, LA.

Payne, A., Harrell-Williams, L., **Needy, L.**, & Ford, J. (May 2019). Teacher attitudes and beliefs as moderators to student beliefs and achievement. Poster presented at the McQueary College of Health and Human Services Student Research Symposium, Springfield, MO.

Payne, A., Harrell-Williams, L., **Needy, L.**, & Ford, J. (May 2019). *Teacher attitudes and beliefs as moderators to student beliefs and achievement*. Poster to be presented at the Association of Psychological Sciences Annual Conference, Washington D.C.

ACADEMIC POSITIONS

Aug. 2021-Dec. 2021 *Adjunct Psychology Instructor*, Behavioral Sciences Department, Ozarks Technical Community College, Springfield, MO.
Taught Introduction to Psychology to approximately 30 students.

- Aug. 2021-Dec. 2021 *Per Course Instructor*, Psychology Department, Missouri State University, Springfield, MO.
Assisted in teaching Introductory Psychology to over 300 students.
- Aug. 2019-May 2021 *Graduate Teaching Assistant*, Psychology Department, Missouri State University, Springfield, MO.
Assisted in teaching Introductory Psychology to over 300 students.
- Aug. 2020-Dec. 2020 *Instructor of Record*, PSY 200: Psychological Statistical Methods, Department of Psychology, Missouri State University, Springfield, MO.
Developed course instruction and taught an introductory psychology statistics course.
- Sept. 2017-May 2019 *Philosophy Tutor*, Bear CLAW, Missouri State University, Springfield, MO.
Tutored students one-on-one in introductory level philosophy courses, and assisted students in developing effective study techniques.

COURSES TAUGHT

- PSY 110 – Introduction to Psychology
PSY 200 – Introduction to Psychological Statistical Methods

SERVICE TO THE DEPARTMENT

- Oct. 2020-Dec. 2020 *Graduate Mentor*, PSY 302: Experimental Psychology, Department of Psychology, Missouri State University, Springfield, MO.
Assisted undergraduate students with their research project for their Experimental Psychology course.
- June 2020 *Graduate Student Representative*, 2020 Graduate Program Assessment Workshop, Department of Psychology, Missouri State University, Springfield, MO.
Served as the graduate student voice for the 2020 Graduate Program Assessment Workshop hosted by the university.
- Aug. 2018-May 2019 *Undergraduate Learning Assistant*, Department of Psychology, Missouri State University, Springfield, MO.
ULA for Introductory Psychology classes with duties assisting in classroom demonstrations, leading study sessions, and tutoring students.

SERVICE TO THE INSTITUTION

- Jan.-May 2018 *Girls Circle Assistant*, Conflict and Dispute Resolution Center, Missouri State University, Springfield, MO.
Assisted Dr. Charlene Berquist in her research regarding the Girls Circle curriculum with duties to review and propose updates for the curriculum.

SERVICE TO THE COMMUNITY

- May 2020-June 2020 *Volunteer*, Springfield Community Gardens (SCG), Springfield, MO.

Sept. 2019-May 2020 *Assistant Coach, Girls on the Run of Southwest Missouri – Bingham Elementary School, Springfield, MO.*

June 2019-Aug. 2019 *AmeriCorps VISTA Summer Associate – Event and Garden Operations, SCG, Springfield, MO.*
Completed 400 hours of volunteer service in which I assisted SCG farmers in bringing fresh produce to food insecure community members at weekly food distributions.

AWARDS

Oct. 2020 Nominated for Distinguished Teaching Assistant Award; Missouri State University.

Jan. 2020 Frank Costin Memorial Award for Excellence; National Institute on the Teaching of Psychology; Poster presentation.

May 2019 Student Travel Grant: Missouri State University, Psychology Department.

OTHER AFFILIATIONS

Nov. 2020-Present *Member, Midwestern Psychological Association*

Dec. 2019-Present *Member, Society for Personality and Social Psychology*

Dec. 2019-Present *Member, Society for the Teaching of Psychology*

Mar. 2019-Mar. 2020 *Member, Association for Psychological Sciences*

Nov. 2018-May 2019 *Member, Psi Chi (International Psychology Honor Society), Missouri State University, Springfield, MO*