

TAMU Psychology Clinic



***Clinical Psychology Doctoral
Training Program***

**Department of Psychology
Texas A&M University
College Station, Texas
77843-4258**

**Suite 101 Milner Hall
(979) 845-8017**

Directions

From State Hwy 6, exit University Dr. and proceed West past Texas Ave.

Move to the left lane on University Dr.

Pass Bizzell St./College Av., Spence St., and Church Av. and then move into the two left turn lanes at the intersection of University Dr. and Ireland St./Nagle St.

Turn left onto Ireland St. and carefully move to the right to the entrance of the Northside Parking Garage.

Go to: <http://aggiemap.tamu.edu/>

Type / click: Northside Parking Garage (NSG)

Type / click: Milner Hall (MILN) — TAMU Building 0420; 425 Ross St., 77843-4258

Parking Fee

The cost for parking is clients' responsibility. \$1.00 per appointment will be paid to the Clinic for parking in the Northside Parking Garage.

Instructions about parking in an unnumbered parking spot on Levels 3-6 in the Northside Parking Garage will be provided when your appointment is scheduled.

You must have a parking code (provided when your appointment is scheduled) to enter and exit the Northside Parking Garage.

Locating the Clinic

Exit the parking garage (walking) on the opposite side of the garage from which you entered on Ireland St.

Cross Asbury St at the crosswalk at the intersection of New St. and Asbury St.

Walk South (away from University Dr.) along the West sidewalk Asbury St.

Look for the Ground Level entrance to Milner Hall, which is the last building on the West side of Asbury St. at the intersection of Asbury St. and Ross St.

Enter the Ground Level door of Milner Hall and take the elevator to Level 1.

Exit the elevator and turn to the right to enter the Level 1 main hallway.

Follow the signs on hallway walls to the entrance to the Clinic, which is a glass door labeled, "TAMU PSYCHOLOGY CLINIC SUITE 101".

Check-in with Clinic Staff at the reception window of the waiting room.

**Milner Hall – North Entrance from
Northside Parking Garage**



Comprehensive Psychological Services

The TAMU Psychology Clinic is a not-for-profit training facility for the Clinical Psychology Doctoral Training Program in the Department of Psychology at Texas A&M University. Clinic services are provided by graduate students who are completing advanced training under the direct supervision of the Clinical Psychology faculty.

The three main functions of the Clinic are: (a) to provide professional training for Clinical Psychology graduate students, (b) to assist with clinically relevant research projects, & (c) to offer comprehensive psychological services to the Bryan-College Station community & surrounding region.

A broad range of behavioral, emotional, cognitive, developmental, life-span, health related, family-of-origin, & interpersonal issues may be addressed through Clinic services. Therapeutic approaches used by Clinic Supervisors include cognitive-behavioral, family systems, interpersonal, & psychodynamic orientations.

Clinic services are available to persons from the community & to persons affiliated with Texas A&M University (students, staff, or faculty). Prospective clients are welcomed regardless ability to pay full fees. For individuals unable to pay

full fees, reduced fees are set using a sliding scale, based on annual family income & number of family members. Fees, including parking fees, are due at time of service delivery.

Specialized Clinic services include:

- psychological evaluations
- consultation with schools, allied health professionals, physicians, & community agencies
- individual adult therapy
- individual child or adolescent therapy
- family therapy
- couples therapy
- group therapy
- assessment/therapy for developmental disabilities, including Autism Spectrum Disorders
- behavioral health services

Requesting Services

Clinic office hours are 8:00 AM-6:30 PM Monday through Thursday & 8:00 AM-2:30 PM Friday. The Clinic operates 12 months per year. The Clinic is located on Level 1 of Milner Hall, which is two blocks South of University Dr. near the Sbis Building and the water tower on campus.

Interested persons may call the Clinic at (979) 845-8017 to request, or to inquire about, services. Arrangements will be made with callers to complete a telephone interview to determine if the caller's needs match services the Clinic is equipped to

provide. Some services in Spanish are available.

If a caller's needs exceed the Clinic's capacities, referrals to other agencies or behavioral health practitioners will be provided. If the Clinic is able to offer services, arrangements will be made to assign the caller to an evaluator/therapist. Callers may be assigned to a waiting list until a therapist becomes available.

Clinical Program Faculty

Robert Heffer, Ph.D., Clinical Professor; Clinic Director; Associate Director of Clinical Training

Steve Balsis Ph.D., Associate Professor; Director of Clinical Training

Gerianne Alexander, Ph.D., Professor

John Edens, Ph.D., Professor

Sherecce Fields, Ph.D., Associate Professor

Anmarie MacNamara, Ph.D., Assistant Professor

Mary Meagher, Ph.D., Professor

Les Morey, Ph.D., Professor

Douglas Snyder, Ph.D., Professor

Brian Stagner, Ph.D., Clinical Professor

Brigit VanWidenfelt, Ph.D., Clinical Assistant Professor

Clinic Staff

Brandi Mathis, Admin. Associate-V

Tabina Choudhury & Tristin Nyman, Clinic Coordinators